

Veterans Luncheon set for November 7

The Native Daughters of the Golden West (Golden Era #99) is holding their seventh annual Veteran's Luncheon on Saturday, November 7 at the Sonora Elementary School gym at 830 Greenley Street, Sonora.

The luncheon is scheduled for 11 a.m. to 2 p.m. and consists of spaghetti, salad, rolls, dessert, and drink. The cost is adults for \$7 and children are \$5. Veterans eat free!

There will be some entertainment in that the winners of the Veterans' Essay Contest will read their entries. There will also be some musical entertainment and a raffle.

Veterans attending will share their stories. The Native Daughters of the Golden West ask that you bring the family and give appreciation to our veterans.

Volunteers for Christmas Kettle Drive sought by Dick Southern

It's time again for the local Salvation Army committee to plan for the **Christmas Kettle Drive**. They have expressed appreciation for VVA-391's participation as bell ringers in the past and hope to have VVA-391 involved again this year.

Their kettles will be placed in the community Thursdays through Sundays beginning Thanksgiving weekend November

27 and ending December 24. Shifts will be for two hours and they encourage you to partner with someone (family or friend) to make the experience even more enjoyable.

Locations this year include:

- **Wal-Mart**
Thursdays through
Sundays 10
a.m.-4 p.m.

- **Junction Shopping Center**
Thursdays through
Sundays 12
noon-4 p.m.

- **Andy's Home Center**
Fridays and Saturdays
10 a.m.-2 p.m.

- **Baer's 1851 Antiques**
Fridays and Saturdays
11 a.m.-3 p.m.
(downtown Sonora)

E-mail Dick to get on the list of volunteers (Southern@Lodelink.com).



November 1, 2009 • Daylight Savings ends. First Continental Fleet established (1775). American Legion Breakfast, \$5, 8-11 a.m. Sonora Veterans Hall.

November 2 & 16, 2009 — PTSD Evening Men's Support Group, 4:30-5:30, Sonora VA Clinic, 13663 Mono Way. Paul Symonds.

November 3, 2009 • Election Day. VVA-391 Board of Directors meeting, 7 p.m., Sonora Veterans Hall.

November 4 & 18, 2009 — OIF/OEFPTSD Support Group, 9-10 a.m., Sonora VA Clinic, 13663 Mono Way. Paul Symonds.

November 10 & 24, 2009 — Men's Support Group, 2:30-3:30, Sonora VA Clinic, 13663 Mono Way. Paul Symonds.

November 10, 2009 — U.S. Marine Corps established in 1775. Chapter 391 Pot Luck and General meeting 6 p.m. at the Sonora Veterans Hall. A-G brings a dessert. H-M brings a salad. N-Z brings a main dish. Bring enough for 8-10 people. Refreshments will be provided. Pot Luck is at 6:00 p.m. and the meeting at 7:00 p.m. everyone is welcome to attend the pot luck and/or the meeting. Come celebrate Veterans Day dinner with us!

November 11 & 25, 2009 — OIF/OEF PTSD Evening Group-5 -6 p.m., Sonora VA Clinic, 13663 Mono Way. Paul Symonds.

November 11, 2009 — **Veterans Day. Signing of WWI Armistice (1918).**

November 17, 2009 — PTSD Men's Support Group, 2:30-3:30, Sonora VA Clinic, 13663 Mono Way. Pat Noonan.

November 18, 2009 — Women's Support Group, 2:30-3:30, Sonora VA Clinic, 13663 Mono Way. Pat Noonan.

November 19, 2009 — PTSD Coping Skills, 4:30-5:30, Sonora VA Clinic, 13663 Mono Way. Pat Noonan.

November 19, 2009 — Families of Veterans Support Group, 2:30-3:30, Sonora VA Clinic, 13663 Mono Way. Pat Noonan.

November 20, 2009 — WWII & Korean Veterans Support Group, 9:30-10:30, Sonora VA Clinic, 13663 Mono Way. Pat Noonan.

November 20, 2009 — PTSD Education Support Group, 10:30-11:30 a.m., Sonora VA Clinic, 13663 Mono Way. Paul Symonds.

November 26, 2009 • **Thanksgiving**



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